

The Rowans AP Academy
 Silverbank
 Churchill Avenue
 Chatham
 ME5 0LB
 Tel: 01634 338803
 Email: office@therowansap.co.uk
 Website: www.therowans.org

Kindness

Commitment

Resilience

30th September 2024

Dear parents and carers

Safeguarding and Support Services

We are now a few weeks into the new school year, so I wanted to give you some reminders about our safeguarding procedures and to share with you some support services that you can access.

The Rowans AP Academy is committed to safeguarding and promoting the welfare and safety of all pupils and expects all staff and volunteers to share this commitment. We strive to ensure that consistent and effective safeguarding procedures are in place to support families, pupils and staff at school.

We have policies and procedures in place to deal effectively with child protection and safeguarding issues, together with recording and monitoring processes. Our comprehensive safeguarding policy can be found on our website and by following this link:

[Rowans Safeguarding Policy](#)

Safeguarding means:

- Protecting Children from maltreatment
- Preventing impairment of children’s mental and physical health or development
- Ensuring that children grow up safely with effective care
- Taking action to enable all children to have the best outcomes

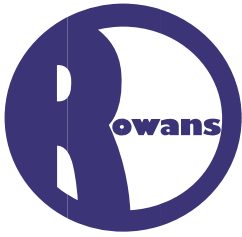
As well as interventions support within school and personalised programmes to address specific needs, there are a range of external agencies that can also provide help.

Service	Website	Referral Route
Kooth – Online mental wellbeing service including counselling	www.kooth.com	Self-referral
Medway Council - Family help and support	https://www.medway.gov.uk/info/200307/local_offer/823/family_help_and_support	Parent/Carer
Mind – A charity designed to support and provide information about mental wellbeing	www.mind.org.uk	Parent/Carer
NSPCC – Gillingham	Telephone: 01634 564688 Helpline: 0808 800 5000	Parent/Carer
Alumina Anonymous online support for children and young people who self-harm and are in crisis. 14-19 year olds.	https://www.selfharm.co.uk/	Pupil/Parent/Carer



The Inspiring Change Multi-Academy Trust
 A charitable company limited by guarantee registered
 in England and Wales
 (company number 10393053)





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<p>Family Solutions – Help with education, relationships, wellbeing, anti-social behaviour, domestic violence or abuse</p>	<p>https://www.medway.gov.uk/info/200170/children_and_families/600/concerned_about_a_child/3 Telephone: Chatham All Saints Children and Family Hub: 01634 338 833 Gillingham Children and Family Hub: 01634 338 877 Strood Children and Family Hub: 01634 335 533 Wayfield Children and Family Hub: 01634 337 733</p>	<p>Parent/Carer/School</p>
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If you would like to be referred for any service, then please do not hesitate to contact us for more details. If you have any safeguarding concerns for a child out of school hours:
 Medway Children’s Safeguarding team: 01634 334466
 Emergency Out of Hours Social Care: 03000419191
 Police: 101 or 999 in an imminent emergency
 In a mental health crisis:

- Samaritans Freephone 116 123 (free even from mobiles without credit)
- SHOUT (text ‘Shout’ to 85258 for 24/7 support)

Our **Safeguarding Team** can be contacted in the following way:
 Mrs May Headteacher and DSL: 01634 338803
 Miss Webb: SENCO and DSL: 07710143027
 Miss Jones: Welfare and Attendance Lead and DDSL: 07710143029
 Mrs Skinner: Inclusions, Interventions and Mental Health Lead: 07874634457
 Mrs Bowley: Primary Lead Teacher: 07709717878
 Mr Ian May: Second in Charge Primary: 07710143033

If we can be of any further support, then please feel free to contact us.

Many thanks

Mrs F May
 Headteacher



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