



The Rowans AP Academy
Silverbank
Churchill Avenue
Chatham
ME5 0LB

Tel: 01634 338803

Email: office@therowansap.co.uk

Website: www.therowans.org

Kindness

Commitment

Resilience

30th June 2022

Dear Parents and Carers,

Information from Medway Community Health

ChatHealth is a new messaging service launched for young people 11-19yrs in Medway.

Young people aged 11-19 in Medway can send a message, anonymously if they wish, to a school nurse to get confidential help and advice about a range of health concerns, including emotional health, sexual health, relationships, alcohol, drugs and bullying.

This is not an emergency service. Urgent help should be sought from an NHS walk-in centre or by calling NHS 111. In an emergency, dial 999 or go to A&E.

The messaging service will be available Monday to Friday (excluding bank holidays) from 09:00 to 16:30. When a message is sent to the dedicated number **07480 635 786**, an automated reply confirms the message has been received. A trained healthcare professional will reply to the message during office hours 09:00 to 17:00 within 24 working hours.

Yours sincerely

Mrs F May
Headteacher



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